




# DUAL DIAGNOSIS

Visions Adolescent Treatment Centers offer adolescents and their families a full continuum of care, from crisis intervention to aftercare planning. Our clinically intensive, relationally informed programs provide a safe environment to assess, stabilize, and provide diagnostic clarity to determine the right course of treatment.

By combining psychiatric oversight, evidence-based therapies, and family support, our programs focus specifically on the psychological, emotional and physical impacts of dual diagnosis and mental health disorders.



Our 10-bed, Mediterranean-style home, remotely set in the hills of Malibu, California, provides primary residential programming for adolescents, ages 13 to 18, challenged with substance abuse and mild to complex co-occurring disorders. With a strong clinical acumen, our staff is driven to foster safety, exploration, emotional and psychological growth while addressing family systems and the healing process.







# Programs we offer

## **Clinical Program:**

- Psychiatric assessment, oversight, & medication management
- Weekly physician visits
- Comprehensive psychological testing
- Individual therapy/counseling/recovery mentorship (5 days per week)
- Weekly family therapy & monthly family intensive workshops
- Multi-family process groups
- Psycho-educational groups
- Relational & systemic group therapies
- DBT-Informed programming
- Medical detox

## **Experiential Program:**

- EMDR
- Brainspotting
- Neurofeedback
- Somatic experiencing
- Equine therapy
- Art therapy
- Music therapy
- Yoga & Meditation
- Recreational Therapies

## **Academic Program:**

- Individualized lesson planning
- Accelerated learning
- Credit recovery
- ACT & SAT preparation
- College planning

## **Continuing Care:**

- Collaborative aftercare planning
- Exit plans
- Peer support group
- Parent support group
- Alumni culture & fellowship

## **12-Step Program:**

- AA, NA, & CA
- YPAA conferences, workshops, & unity events
- Off-site meetings
- On-site panels
- Sponsorship & step study

## **Social Programming:**

- Community support groups
- Mindfulness meditation
- Pottery workshops
- Rock climbing
- Horseback riding
- Surf Lessons
- Nature Walks & Hiking

**Visions  
Adolescent  
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866-889-3665

[visionsteen.com](http://visionsteen.com)